

To: Instant Kurs AS E-mail.: info@instantkurs.no		
	Date:/20	
Confirmation of employment		
The undersigned hereby certifie	es that as been using scaffolding for more than 6 months and that our	_born
company uses scaffold in our pr		
Information about the person sig	gning the confirmation:	
Name:		
Company:		
Position:		
Phone number:		
E-mail::		
Signature:		
A copy of the undersigned's cert submission.	ificate of competence must be attached to this document upo	n
	x if the instructor has a competency certificate from INSTANT (if so it ary to have a copy of the instructor's competency certificate).	t
	Copy of undersigning 's	
	certificate	

Registration of	f practical	training in	scaffolding	construction



Name:						
Address:						
The number of training hours in	scaffold scaffold scaffold scaffold scaffold scaffold					
Employer - Construction site		· ·	System scaffold	Mobile scaffold	Trestle scaffold	Attestation of completion of training and control

Total hours:

Please print and fill in the information in the attached form. The document should then be scanned and uploaded on this website. Alternatively, it can be sent to info@instantkurs.no or by post to: Instant Business Services SRL, Str. Septimiu Albini 140-144, 400000, Cluj-Napoca.



Checklist: scaffold builder's practice

Assignments	Completed
Review user manual for scaffolding that are going to be used	
Review the company's own procedures and any procedures on the site where the scaffolding is to be built	
Create Safe Job Analysis (sample form attached) and do risk assessment for the jobs to be done	
Ensure self-protection. Review of fall harness and how to attach this to the scaffolding. Use two fasteners so that one is always fixed	
Review any other intrinsic safety equipment	
Inspect equipment for damage and defects before use	
Use the tube and coupler	
Erecting facade scaffolding	
Erecting free standing scaffolding and mobile scaffolding	
Erecting modular scaffold	
Erecting platform transition between modular and facade scaffolding	
Erecting scaffolding at multiple heights	
Erecting scaffolding in different layouts, around corners, with height difference.	
Installation of scaffolding tarpaulin or netting. Use of additional anchorage	
Review procedures when scaffolding is erected next to public roads	
Practising methods of raising, lowering and hoisting scaffolding equipment	
Checking and documenting the assembled scaffold	
Changes to already assembled scaffolds	
Dismantle facade scaffolds	
Dismantling freestanding scaffolds and mobile scaffolds	
Dismantling modular scaffolds	
Prepare the necessary documentation for the scaffolding (see the attachment for example of an inspection form)	
Exercise on scaffold signage	
Inspect equipment after use	

The checklist must be used daily in connection with the implementation of practice. Submission of the practice documentation confirms that all points have been covered. It is not necessary to submit the checklist.



SJA – Safe job analysis														
Project: (no. and name)							SJA manage	er: (na	ame,	Date:				
Brief description of the activity:									Responsible for the activity: (Company)					
	e SJA is carried out because: (tick on The work involves deviations from desc The activity is new and unknown		•	•	•	•			sks, other activities a	are carriec	l out nearby)			
			☐ Accidents/unwant	ted incidents ha	ave occurre	ed in the p	ast during simila	ır activ	<i>i</i> ties					
Î	What tasks are we concerned about? Hazards - what can go wrong? Yes F							asure: v shoul	s Id the hazards be cor	ntrolled?	Responsible person			
				(÷)	<u></u>									
					<u></u>	<u>::</u>								
				(i)	<u></u>									
Learning points: (To be filled in by the SJA manager <u>after</u> the job is done: What can be done differently/better next time? What positive experiences are important to take into consideration?)														
Pos	sible hazards													
1	Collision/impact	6 Falling ob	ect	11 High pres	sure, splash	hazard		16	Weather condition	s (wind, co	old, fog)			
2	Construction failures	7 Falling		12 Noise, vib	ration			17	Natural events (flo	ods, lands	lides)			
3	Fire, explosion	8 Heavy lift	ng/heavy materials	13 Radiation				18	Working in tanks/o					
4	Moving objects/crushing hazard	9 High/low	temperature surfaces	14 Dust, fum	es, gases, to	xic substan	ces	19	Risk of drowning					
5	Sharp object (cut, stabbing)	10 Risk of ele	ctric shock	15 Inadequa	te lighting			20	Other, please spec	ify:				

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П.		M	М	Δ	W	γ.
_				П		

SCAFFOLD CONTROL FORM Ref.NR:

LOCATION:	TYPE:		OIMENSION		_{No:} Checkpoints			§§ AML's bes 702 § 2, § 6 703 § 17	t. nr.	Missing Date Description					
	Tower	П		1	Scaffolding Signa	age		§ 17-11							
	Facade			2	oad-bearing str	ructure		§ 17-7							
	Mobile Other				3 Access			§ 17-12							
SCAFFOLD BUIL				4 :	Scaffold floor			§ 17-14							
3CAFFOLD BUIL	.DEN.			5	Handrails			§ 2-22	Ш						
					Handrai	l		§ 2-22							
SCAFFOLD USER	R:				Knee rai	il		§ 2-22	Ħ						
The user of the scaffo		e for ensu	ring that the		Footrail			§ 2-22	Ħ						
scaffolding is in proper condion at all times and that it is not overloaded.				Shielding			§ 6-25								
Company:				6	6 Tarpaulin / Covering			§ 17-20							
Telephone:					7 Foundation			§ 17-8							
Contact					8 Bracing			§ 17-15							
Inspection by scaffold builder when installing:			9.	9 Anchoring			§ 17-18								
Date/Name:				10	10 Anchoring point			§ 17-18							
Controlled scaffolding u	ıser upon takeover:				Number of wall brackets:		s:			The mount withstands:					kg
Date/Name:					Number of t	tensile tests:	:	1		Traction test, 20% overload:					kg
Date/ Name											-		<u> </u>		
Check date perf	ormed:														
Remedied defic	iency date:														
Signature:															

